

TENEO

SA's No. 1 Online School

Actionball SA

Ages 3 - 11



Virtual **movement development programme.**



Description

ActionBall SA is a movement development programme which focuses on fine and gross motor co-ordination in children.

Each participating ActionBall child shall be provided with the opportunity to improve on the following:

- Gross motor skills
- Fine motor skills
- Sensory integration
- Team work
- Concentration
- Colour & shape identification

Today's children spend far less time outdoors playing and too much time in front of the television and computer. While these mediums have their benefits they also have an adverse effect on the child's social and physical well being and development. Educators and Occupational Therapists are becoming more aware of the important role played by movement in the development of the growing child.

Children who have participated in ActionBall demonstrated a significantly improved hand-eye coordination, balance, confidence and good general physical development after only a few weeks.

Duration

One 40-Minute virtual lesson per week

Cost

The costs are as follows:

- *R180.00 per child per month, which amount shall entitle each ActionBall child to attend a 40 minute virtual lesson per week; and*
- *a once-off and compulsory registration fee in the amount of R200.00, which shall ensure that each ActionBall child receives an ActionBall t-shirt.*

Please note: The monthly fee/s and compulsory registration fee DO NOT include delivery charges, which amount to an additional R100.00 within South Africa. To ensure delivery, it is essential to provide a physical address.

Who can join?

Ages 3 - 11

Students Responsibilities:

- To have all ActionBall equipment available for the weekly AB lesson
- To attend the AB lesson promptly and at the designated time; and
- To have fun and be active!

Join →